



After the Diagnosis Agenda

February 2, 2026

11:30am - 12:15pm CT	Check-in, light lunch, and time at booths
12:15pm - 12:25pm CT	Welcome
12:25pm - 1:00pm CT	Life After a Diagnosis - A Good Life Roadmap
1:00pm - 1:50pm CT	Managing your Diagnosis (including the therapies)
1:50pm - 2:05pm CT	Break
2:05pm - 2:50pm CT	Community Highlights
2:50pm - 3:10pm CT	Participating in Research: An Overview of the ADRC
3:10pm - 3:20pm CT	Passing Time
3:20pm - 4:05pm CT	Dementia Caregiving: Let's talk about it
	Living with a New Diagnosis: Let's talk about it
4:10pm - 4:30pm CT	In this Together: Reflections from the Real 'Experts'